

2026 DECLARATION OF CANDIDACY

UNITED STATES HOUSE OF REPRESENTATIVES - PARTISAN

Information entered on this form is a public record under Utah Code § 63G-2. This form will be posted on vote.utah.gov.

PRINT YOUR NAME EXACTLY AS YOU WOULD LIKE IT TO APPEAR ON THE BALLOT

- (i) If a candidate's name, as listed below, does not consist only of their legal first and legal last names, they may be required to submit signed affidavits per Utah Code § 20A-6-109.

Ian Parrish

FIRST, MIDDLE, and/or NICKNAME(S) in desired order

Parrish

LEGAL LAST NAME

U.S. Representative

OFFICE

02

DISTRICT

Democratic

POLITICAL PARTY you are a member of

- (i) Candidates may provide their address, phone number, and email address on a confidential contact form.

ian4utah@gmail.com

EMAIL ADDRESS which is actively monitored

435-339-7731

PHONE NUMBER

193 E. 100 N.

RESIDENTIAL or MAILING ADDRESS

Clearfield

CITY

UT

STATE

84015

ZIP CODE

HOW ARE YOU SEEKING NOMINATION? (select one)

☐ Only the convention process.

☐ Only the signature-gathering process.

☒ Both the convention and signature-gathering processes.

HOW WILL YOU GATHER SIGNATURES? (if applicable)

☐ Only the manual process.

☐ Only the electronic process.

☒ Both the manual and electronic processes.

Stop! The following section must be completed in the presence of the filing officer or notary public.

State of Utah,
County of Salt Lake

} ss.

I, the candidate listed above, declare my candidacy for the office listed above, seeking the nomination of the political party of which I am a member. I do solemnly swear, under penalty of perjury, that:

- I will meet the qualifications to hold the office, both legally and constitutionally, if selected;
- I will not knowingly violate any law governing campaigns and elections;
- If filing via a designated agent, I will be out of the state of Utah during the entire candidate filing period;
- I will file all campaign financial disclosure reports as required by law; and
- I understand that failure to do so will result in my disqualification as a candidate for this office and removal of my name from the ballot.

The address that I designate for receiving official election notices is the mailing address listed above.

[Signature]
SIGNATURE OF CANDIDATE (must be signed in the presence of the filing officer or notary public)

Subscribed and sworn to before me this

03/12/2026
MONTH/DAY/YEAR

Cambria Cantrell
PRINTED NAME OF FILING OFFICER or Notary Public

[Signature]
SIGNATURE OF FILING OFFICER or Notary Public



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QUALIFICATIONS FOR U.S. REPRESENTATIVE

Information entered on this form is a public record under Utah Code § 63G-2. This form will be posted on vote.utah.gov.

Per Utah Code § 20A-9-201, 201.5, and 202, before the filing officer accepts any declaration of candidacy, the filing officer shall read to the candidate the constitutional and statutory requirements for candidacy, and the candidate shall state whether he/she fulfills the requirements. If the candidate indicates that he/she does not qualify, the filing officer may not accept his/her declaration of candidacy.

UNITED STATES REPRESENTATIVE

U.S. Constitution Article 1, Section 2

- U.S. Citizen for seven years.
- At least 25 years old at the time the oath of office is taken.
- Inhabitant of Utah when elected.
- Pay filing fee of \$485.

PLEASE INITIAL THE FOLLOWING

-  The filing officer read the constitutional and statutory qualifications listed above to me, and I meet those qualifications.
-  I agree to file all campaign financial disclosures reports as required by law.
-  I received a copy of the pledge of fair campaign practices, and I understand that signing this pledge is voluntary.
-  I received a copy of Utah Code § 20A-7-801 regarding the Statewide Electronic Voter Information Website Program and its applicable deadline.
-  I provided an actively monitored email address to the filing officer. I understand this email address will be used for official communications and updates from election officials and is not a record under Utah Code § 63G-2.
-  I understand I may be required to file signed affidavits for my name to appear on the ballot as specified on this declaration of candidacy.
-  I understand any information entered on this form is a public record under Utah Code § 63G-2 and will be made available to the public. I understand a private contact information form is available.
-  I understand that I may not make any amendments or modifications to this form or submit a name format variation request after 5:00 p.m. on the final day of the filing period.


SIGNATURE OF CANDIDATE

03/12/2026
DATE


SIGNATURE OF FILING OFFICER or Notary Public

03/12/2026
DATE

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PLEDGE OF FAIR CAMPAIGN PRACTICES

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This is a voluntary pledge. Candidates are not required to sign this pledge to file a declaration of candidacy.

There are basic principles of decency, honesty, and fair play which every candidate for public office in the State of Utah has a moral obligation to observe and uphold, in order that, after vigorously contested but fairly conducted campaigns, our citizens may exercise their right to a free election, and that the will of the people may be fully and clearly expressed on the issues.

THEREFORE:

I SHALL conduct my campaign openly and publicly, discussing the issues as I see them, presenting my record and policies with sincerity and frankness, and criticizing, without fear or favor, the record and policies of my opponents that I believe merit criticism.

I SHALL NOT use, nor shall I permit the use of, scurrilous attacks on any candidate or the candidate's immediate family. I shall not participate in, nor shall I permit the use of, defamation, libel, or slander against any candidate or the candidate's immediate family. I shall not participate in, nor shall I permit the use of, any other criticism of any candidate or the candidate's immediate family that I do not believe to be truthful, provable, and relevant to my campaign.

I SHALL NOT use, nor shall I permit the use of, any practice that tends to corrupt or undermine our American system of free elections, or that hinders or prevents the free expression of the will of the voters, including practices intended to hinder or prevent any eligible person from registering to vote or voting.

I SHALL NOT coerce election help or campaign contributions for myself or for any other candidate from my employees or volunteers.

I SHALL immediately and publicly repudiate support deriving from any individual or group which resorts, on behalf of my candidacy or in opposition to that of an opponent, to methods in violation of the letter or spirit of this pledge. I shall accept responsibility to take firm action against any subordinate who violates any provision of this pledge or the laws governing elections.

I SHALL defend and uphold the right of every qualified American voter to full and equal participation in the electoral process.

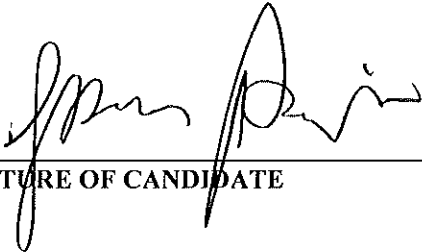
I, the undersigned candidate for election to public office in the State of Utah, hereby voluntarily endorse, subscribe to, and solemnly pledge myself to conduct my campaign in accordance with the above principles and practices.

Ian Parrish

NAME OF CANDIDATE

Congress, 2nd

OFFICE and DISTRICT



SIGNATURE OF CANDIDATE

03/12/2026

DATE